

FOUR STEPS TO BE PREPARED

1. Assemble a Kit

After a damaging earthquake, services such as police, fire and ambulance will be very busy. It may be days before they can give households or neighborhoods all the help they need. For at least 72 hours after a big quake, people may be relying on themselves and their neighbors for first aid, firefighting, search and rescue, and general support.

Prepare your family by packing an emergency kit for your household and for each vehicle you own. Make sure to inspect your kits annually and replace any dated or perishable items, such as batteries, medicines, etc.

- **72-Hour Emergency Kit**
- **Car Kit**
- **GO Bag**

2. Make a Plan

Make plans with your family and friends in case you're not together during an emergency. Discuss how you'll contact each other, where you'll meet and what you'll do in different situations. Talk to your children about what schools will do in an emergency, and assure them you'll get to them as quickly as possible.

3. Be Informed

Being prepared means staying informed. Check all types of media – web sites, newspapers, radio, TV, mobile and land phones – for global, national and local information. During an emergency, the Solano Office of Emergency Services will provide information on such things as open shelters and evacuation orders.

4. Get Involved

Look into taking first aid and emergency response training, participating in community exercises, and volunteering to support local first responders such as CERT.

California neighborhoods have now formed emergency response groups or made earthquake preparedness part of an already existing organization's objectives. Numerous California cities have made citizen emergency response training one of their community programs. Here in Suisun City, the C.E.R.T. (Community Emergency Response Teams) program has been formed to organize our neighborhoods. For more information, contact the Fire Department at (707) 421-7205.

DON'T WAIT. COMMUNICATE.
MAKE YOUR EMERGENCY PLAN TODAY.



SEPTEMBER IS NATIONAL PREPAREDNESS MONTH!



AMERICA'S
Preparedness!

Ready

