



Car Kits

In addition to your primary kit at home, make sure you're prepared whenever you're in your personal vehicle.

Your car kit should include these basic supplies:

- Bottled or stored water
- High-protein, high-energy food
- First-aid kit
- Blankets
- Flashlight/batteries
- Radio/batteries
- Basic sanitation supplies
- Warm clothing
- Sturdy shoes or boots
- Raingear, hat and gloves
- Paper and pencils or pens



In addition, be sure you're ready for road emergencies. A car kit should include:

- Jumper cables
- Ice scraper
- Lock de-icer
- Flares
- Small tool kit
- Maps
- Compass
- Shovel
- Sand



More Car Kit Tips:

Be sure to check your car kit supplies at least twice a year. Variations in heat and cold shorten the life of stored food and can deteriorate first-aid items and other materials like plastic and rubber.

If you leave your vehicle, leave a note on the dashboard stating when you left, where you went and any contact information.